GENERAL RULES OF CONDUCT IN THE LABORATORY

Laboratory work involves the use of chemicals that can be dangerous because of their characteristics or how they are handled. To achieve a good level of safety, a set of rules of conduct should be followed:

**Wash your hands** when you enter and leave the laboratory and whenever you come into contact with a chemical product.

**Do not leave personal belongings** on the work table or on the floor. **Put them away** in places intended for this purpose.

**Do not use your mouth to pipette liquids.** Use a pipette filler.

**Always use safety goggles.** Do not wear contact lenses, because sprayed chemicals can get behind them and cause eye injuries.

**Do not eat, drink, smoke** or keep objects (gum, toothpicks, etc.) in your mouth while you are working.

**Avoid carrying objects in your pockets** (tools, glass objects, etc.).

**Keep the work area free** and leave on it only the material that you are using.

**Keep the laboratory clean and tidy.** Clean up all spills immediately, however small they may be.

**Walk carefully around the laboratory.** Do not run or disturb others.

**Do not perform experiments without express authorisation** from the person in charge. Do not turn on apparatus or installations without first knowing how they operate.

**Take note of the location of normal and emergency exits,** fire extinguishers, fireproof blankets, safety showers and the eye wash station.

**Wear your lab coat and work clothes buttoned.** Wear long hair tied back. Avoid loose sleeves, earrings, rings, etc. Do not wear a short skirt, shorts or sandals. Wear closed shoes.